

STARTERS

Onion Bhajia (v) 5.95
The onion bhajias served at our cafe are the real McCoy – crispy, light & savoury. Three bhajias served with salad & chutney.

Malai Chicken Tikka 6.95
Comfortingly alluring - tantalising tender pieces of chicken, marinated overnight in light creamy home ground spices. Served with Bombay bread, salad and chutney.

Pani Puri (v) 6.95
A thrilling burst of ecstasy, most pleasurable when eaten whole. Five wheat balls stuffed with spicy potato chutney and served with tamarind sauce.

Bertie's House Chat 6.95
Moreish crispy vegetable samosa, on a bed of spiced chana, split into a cool sweet yoghurt. Dressed with tamarind, mint and coriander chutney. Topped off with spicy potato sprinkles.

Punjabi Samosas (v) 5.95
The Punjabi Samosa - most famous of all the samosas. Two samosas lovingly filled with potatoes, peas & wonderful array of spices. Served with salad & chutney.

Pau Bhaji (v) 6.95
A fast food dish from Bombay consisting of a vegetable curry (bhaji) cooked in tomato gravy and served with 2 pau (buns).

Bertie's Vada Pau (v) 6.95
Endearingly exquisite - lightly spiced potato ball enrobed in a toasted brioche bun & a racy chutney. Inspired by Chowpatty...taken to another level at Bengal Berties! (in our opinion).

Kofta Kebab Slider 5.95
Tasteful twist of the traditional Pakistani inspired minced meat kebab in a toasted brioche bun, dressed with salad & contrasting chutneys.

Mumbai Calamari 6.95
Crispy calamari lightly spiced topped with onions and served with piri piri mayo.

Himalayan Momo 6.95
Four momos filled with marinated minced lamb with Himalayan spices wrapped in pastry and steamed. Served with Bengal Bertie's house sauce.

Chicken Patties 5.95
Three stuffed filo pastry filled with spiced chicken. One of the most popular street food snacks in India.

Bengal Bertie's

INDIAN STREET FOOD

CURRYS

Malai Murgh Masala 11.95
Chicken Tikka Masala originally derived from this speciality of Old Delhi. Rediscover this smooth & velvety dish, where the spices are veiled by a rich blend of tomatoes (slight heat).

Nawabi Chicken Korma 11.95
A delicacy from the kitchens of the Royal Nawabs of Lucknow. Renowned for its subtlety & aroma. Perfectly cooked chicken with gentle notes of mace flower & cardamom (mild).

Madrasi Chicken Jalfrezi 11.95
Chicken tikka pieces cooked in a thick spicy sauce with caramelised onion, peppers and tomatoes.

Karachi Karahi 12.95
Pakistan's national favourite – Slow cooked tender meat, complimented by the robust flavours of fresh ground spices of garam masalas (slight heat).

Railway Lamb 12.95
Named in honour of the first-class 19th-century diner who were traveling through India by train. A slightly spicy lamb curry in thick sauce.

Gosht Dansak 11.95
Hustle & bustle of slow-cooked meat in a hot, sweet & sour lentil gravy (slight heat).

Malavari Prawn 12.95
Blissfulness of Malavar epitomised tossed & turned in a caramelised onion gravy, stir-fried prawns in a medley of spices & merrily mingled with lime leaf (slight heat).

Keralan Fish Seabass 15.95
In the twisting and enchanting backwaters of Kerala, local fisherman adored this succulent spiced fish dish. Crispy sea bass filets cooked with coconut, tamarind and curry leaves (slight heat).

Paneer Aloo Tikka Massala (v) 10.95
Beloved in India – introduced to & adored by all. Smooth paneer & aloo tikki cutlets in a rich sauce, satisfying your cravings (slight heat).

(v) - Suitable for Vegetarians

Allergen Advice: Please advise us if you have any allergy concern before placing your order. Please note some dishes contain nuts, seeds, & dairy products. We take all bones out of chicken breasts. Some bones are not visible, so please take care.

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Collection / Delivery / Bookings:
01903 895 105

BIRIYANI

Bertie's Chicken Biryani 13.95
Tender chicken delicately cooked within its own juices & spices and layered with rice. Pakistani influenced. Served with tzatziki raita.

Hyderabadi Lamb Biryani 14.95
Amalgamation of slow cooked lamb in its own stock & flavours, layered with fluffy rice. Served with tzatziki raita.

Bertie's Vegetable Biryani (v) 12.95
An engaging marriage of flavourful vegetables layered with basmati rice & dum-cooked to scrumptiousness. Served with house dhaal.

KATHI WRAPS

Toasted wrap... rolled up & ready to have like the Kolkatan's did but with our twist... filled with salad, cheese & contrasting chutney.

Chicken Tikka Wrap 7.95

Kofta Kebab Wrap 7.95

Grilled Paneer & Spinach Wrap (v) 7.95

KULFI (TRADITIONAL INDIAN ICE CREAM)

Mango or Pistachio 3.95

f @Bengalbertiesworthing



MUST HAVES (v)

Poppadam	1.00
Chutney Tray	3.95
House Spicy Sauce	1.50
Mint Sauce	1.50
Steamed Rice	2.95
Yakhni Pilau Rice	3.95
Masala Fries	2.95
Bombay Bread	3.95
Chappati	1.95
Parata	2.95
Tzatziki Raita	2.95
Tarka Dhall	5.95
Saag Aloo	5.95
Saag Paneer	5.95
Bombay Aloo	5.95

DRINKS

Coke	2.95
Diet Coke	2.95
Lemonade	2.95
Appletiser	2.95
J2O Orange and Passion Fruit	2.95
Strathmore Still Water 330ml	2.50
Strathmore Sparkling Water 330ml	2.50
Juices	2.95
Apple / Orange / Lychee / Mango / Pineapple	
Rose Lemonade	4.95
Raspberry Lemonade	4.95
Tea or Coffee	1.95
Masalla Chai	3.50

NON-ALCOHOLIC BEER (0%)

Corona 330ml	4.95
Peroni 330ml	4.95

LASSI

Mango Lassi	4.95
Salt Lassi	4.95

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Bengal Bertie's

INDIAN STREET FOOD



Our eatery aims to transport you to the bustling streets of India, where every bite tells a tale. From aromatic chaats to mouthwatering kebabs and inventive regional specialties, our menu offers a tantalising journey through the diverse and rich tapestry of Indian street cuisine.

Whether you're a seasoned spice enthusiast or just embarking on your flavourful adventure, our cozy space invites you to savor every moment, embracing the spirit of casual indulgence in the heart of Worthing.

20% off collection orders over £30

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www.bengalbertiesworthing.co.uk

  @Bengalbertiesworthing



Open every day except Tuesdays

5.30pm to 10.30pm

Last orders 10.00pm

Polite Notice: We don't sell or allow your own alcohol in the restaurant. A little side note..
The old cafes of India never had alcohol. We do great food & lassie – a perfect combo!

139-141 Montague Street Worthing BN11 3BX